

SoaringWords



the power to heal

Soaring Signs

This SoaringSigns activity will give you an opportunity to add some color, good cheer and personality to your room. There are many customs that bring good luck to a door or a house. Let's look at some of these traditions to see how to transform the wall next to a hospital bed, or the door of the room.

The Pennsylvania Dutch tradition of hex signs (it is for good luck, it has nothing to do with putting a hex on people!) was first used to brighten up the sides of barns with stars and circles. This tradition grew to include hearts, tulips and trees of life. The star is usually blue and symbolizes goodwill. The tulips represent faith and trust in man and the bundles of wheat symbolize abundance. Design your own hex sign and message.

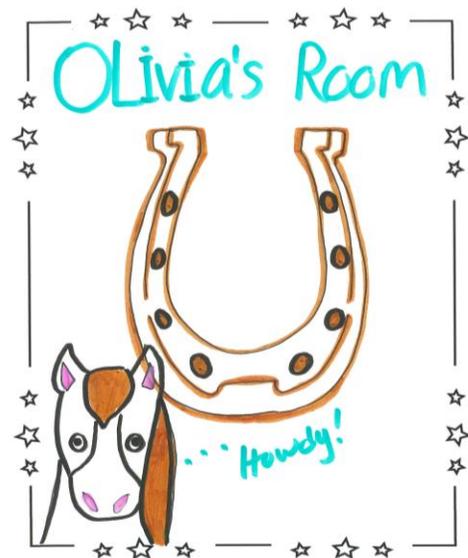
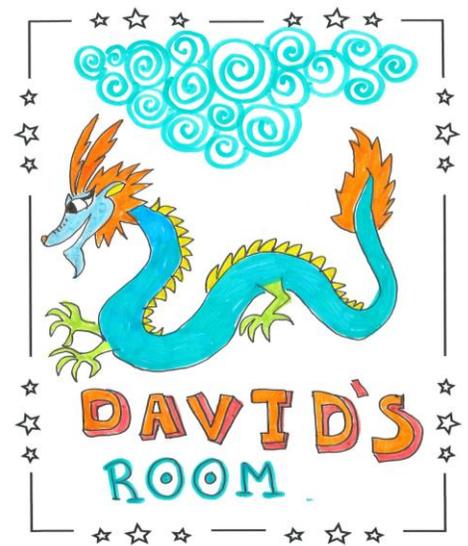
The Chinese tradition of feng shui is a practice of harmonizing one's energy with the surrounding environment. Many animals have powerful energy to protect and inspire. The most commonly recognized symbol is the turtle dragon. He is powerful and strong and capable of bearing life's burdens. He brings prosperity and strength. Design your own animal sign and message.

The horseshoe is one of the most well-known symbols for good luck. Metal or wooden horseshoes are hung upside down next to a door with the ends pointing upwards so that the horseshoe acts as a storage container for good luck. Design your own horseshoe sign and message.

Choose an idea to make a sign for yourself or to give to another patient. Here are some other ideas:

- #1 _____ Fan (insert name of sports team or band)
- Joke tester. Tell me your funniest joke.
- Dancing Star
- World Champion _____ (insert hobby)
- Do Not Disturb
- COME IN
- Future Rock Star
- I am Fabulous!

Pointer: Use the entire page to write and illustrate your sign. Make one for yourself and for someone special.



SoaringSign

